



## Role of nitric oxide in septal coronary arteries of obese Zucker rats

Priyanka Prathipati<sup>1</sup>, Syed Quadri<sup>1</sup>, Debra W. Jackson<sup>2</sup>, Keith E. Jackson<sup>1\*</sup>

<sup>1</sup> Department of Basic Pharmaceutical Sciences, College of Pharmacy, University of Louisiana at Monroe, 1800 Bienville Drive, Monroe, LA 71201, USA

<sup>2</sup> Department of Biology, College of Arts, Education and Science, University of Louisiana at Monroe, 700 University Avenue, Monroe, LA 71209, USA

\*Corresponding author E-mail: [kjackson@ulm.edu](mailto:kjackson@ulm.edu)

### Abstract

**Background:** Metabolic syndrome is a collection of ailments resulting in a higher risk of cardiovascular disease and type II diabetes mellitus. It also results in prolonged endothelial dysfunction which promotes hypertension.

**Objective:** The current study examines the acute effect of carbon monoxide (CO) inhibition and nitric oxide (NO) stimulation in septal coronary arteries.

**Methods:** These studies were conducted in inactin anesthetized obese and lean Zucker rats (13-14 weeks of age). Coronary arteries were isolated from obese and lean Zucker rats and *in vitro* experiments were conducted. Isolated coronary arteries were pre-treated with chromium mesoporphyrin (CrMP) which is a heme oxygenase inhibitor and L-arginine, a NO precursor.

**Results:** Blood pressure, non-fasting blood glucose, HBCO, CO levels and Arginase I expression were higher in obese Zucker rats (ZR) as compared to the lean (L) group. Obese ZR had higher body, kidney and heart weights as compared to the LZR. Acetylcholine induced vasodilation was greatly attenuated in Obese ZR compared to the lean group. No differences in the diameters of the septal coronary artery were observed in both groups when treated with CrMP. However, pretreatment with L-arginine, abolished the differences between the groups.

**Conclusion:** This study demonstrates the potential of NO induction to improve coronary blood flow during metabolic syndrome induced endothelial dysfunction, where alterations in CO levels appeared to have no significant coronary effects.

**Keywords:** Metabolic Syndrome, Endothelial Dysfunction, Hypertension, L-Arginine, Endogenous CO.

### 1. Introduction

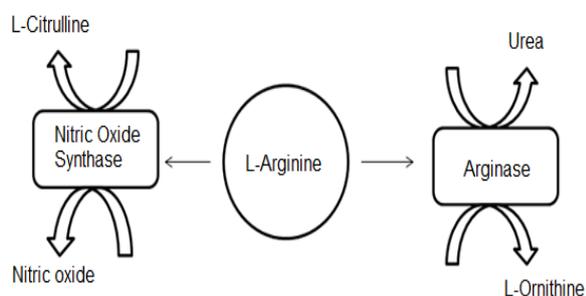
Metabolic syndrome continues to be a global problem with high prevalence in the United States. It is estimated that in USA about 40% of adults have metabolic syndrome by the time they reach 60 years of age (Ford et al. 2002, Ford et al. 2010). Metabolic syndrome contains a cluster of various risk factors which include atherogenic dyslipidemia, elevated blood pressure, endothelial dysfunction (Alessi & Juhan 2008) and arterial stiffness (Stehouwer et al. 2008). Taking together these factors increase the risk of developing cardiovascular disease and type II diabetes mellitus.

Obese Zucker rats (ZR) are a mutant rat model, which replicates obese humans by sharing the symptoms of type II diabetes. Obese ZR is the result of a spontaneous mutation of autosomal recessive (fa) gene on chromosome 5. They have hyperphagia, insulin resistance (Kaiske et al. 1992), mild glucose intolerance, hyperlipidemia (Kaiske et al. 1992), hyperinsulinemia, moderate hypertension (Frisbee & Stepp 2001, Durham & Truett 2006, Shafir & Ziv 2009), early onset of obesity and metabolic syndrome along with mild hyperglycemia. They act as an excellent model of human obesity and type II diabetes which are both associated with hyperlipidemia and hypertension (Srinivasan & Ramarao 2007).

CO is formed endogenously in the body by the enzymatic degradation of heme by the enzyme heme oxygenase (HO) (Jarmi & Agarwal 2009) and other non-enzymatic degradations (Tenhunen et al. 1969). Metabolism of heme also results in the production of biliverdin which upon action of biliverdin reductase is converted to bilirubin (Tenhunen 1976). There are two major active isoforms of HO (i) the inducible HO-I and (ii) the constitutive HO-II (Maines 1997). Several stimuli such as hypoxia, oxidative stress, endotoxin, ischemia, hypertension and oxidants induce HO-I, which is otherwise expressed at low concentrations under normal conditions (Abraham & Kappas 2005). Unlike HO-I, HO-II is constitutively expressed. Emerging evidence demonstrates the beneficial actions of HO on the cardiovascular system which includes attenuation of hypertension and the prevention of atherosclerosis and myocardial infarctions (Sabaawy et al. 2001, Juan et al. 2001, and Tang et al. 2005) as it was demonstrated that CO can relax vascular smooth muscles (Furchgott & Jothianandan 1991, Stec et al. 2008). Previous studies demonstrated that increased CO formation from heme in obese ZR contributed to hypertension and endothelial dysfunction in resistance vessels (Durante & Schafer 1998, Johnson et al. 2006). Therefore, we hypothesized that inhibition of CO restores coronary arterial endothelial function in obese ZR.

The endothelium which is the interface between blood and the vessel wall plays a crucial role in vascular homeostasis. Endothelial cells produce potent vasoactive substances including nitric oxide (NO) and endothelin-1 which are vasodilatory and vasoconstrictor substances respectively (Perticone et al. 2001). The pathological condition resulting due to imbalance between vasodilatory and vasoconstrictive substances is characterized as endothelial dysfunction (Andreas et al. 2010). To date many cardiovascular abnormalities have been attributed to endothelial dysfunction. Endothelial dysfunction is a key factor promoting microvascular disease in resistance vessels, contributing to hypertension and metabolic syndrome (Johnson et al. 2006, Shatsila et al. 2013).

Alternatively, previous literature demonstrated that CO promotes endothelium dependent vasoconstriction by inhibiting endothelial NO formation (Johnson & Johnson 2003) thus attenuating the vasodilatory effects of the nitric oxide system (White & Marletta 1992, Thorup et al. 1999). Taken together, this suggests that CO and NO play crucial roles as regulators of normal vascular tone.



**Fig. 1:** L-Arginine, common substrate for both arginase and nitric oxide synthase. L-Arginine is converted to urea and L-ornithine by the arginase enzyme along with nitric oxide and L-citrulline by nitric oxide synthase.

NO acts as an important signaling molecule exhibiting a wide range of biological effects such as vasodilation, anti-platelet activity, anti-inflammatory actions, cardio-protection, and anti-hypertrophy (Strijdom et al. 2009). NO is endogenously biosynthesized by many cells from the amino acid L-arginine by the enzymatic action of nitric oxide synthase (NOS). NOS are significantly expressed in nervous and cardiovascular systems among a variety of tissues throughout the body. There is significant evidence which demonstrates that a decrease in bioavailability of NO results in various cardiovascular diseases and disorders (Vanhoutee & Gao 2013, Sarkozy et al. 2013). The limiting factor for NO production is the availability of the substrate L-arginine. Previous studies have shown that arginase, which is an enzyme in the urea cycle, reduces NO production by competing with NOS which also has L-arginine as a substrate (Ming et al. 2004) (Fig. 1). Thus, we alternatively hypothesized that L-arginine would restore coronary arterial endothelial function in obese ZR.

## 2. Methods

### 2.1. Chemicals

Chromium mesoporphyrin (CrMP) was purchased from Frontier Scientific (Logan, UT, USA); Inactin (thiobutabarbital sodium), L-arginine and Acetylcholine (ACh) were obtained from Sigma (St. Louis, MO, USA).

### 2.2. Animals

Male lean (Fa/Fa or Fa/fa, n=52) and obese (fa/fa, n=62) ZR (Harlan, Indianapolis, IN, USA) at 13 to 14 weeks of age were used for the experiments. Rats were housed in a controlled environment and had free access to a standard rodent diet (Harlan Teklad, Madison, WI, USA) and tap water. All procedures were approved by

the University of Louisiana at Monroe Institutional Animal Care and Use Committee.

### 2.3. Determination of Carboxyhemoglobin (HbCO) levels

Small blood samples (0.05ml) were drawn from obese and lean ZR. Blood was analyzed on a pH/blood gas & electrolyte analyzer for carboxyhemoglobin concentration (Bayer Rapid Lab 865, Diamond Diagnostic, Holiston, MA, USA).

### 2.4. Determination of CO excretion

Matched awake lean and obese ZR were placed in an acrylic airtight chamber with the outflow leading to a solid phase gas chromatography unit (custom design, Peak, Mountain view, CA, USA) for the determination of endogenous CO concentration as previously described (Vreman et al. 2009, Jackson et al. 2011). Briefly, the chamber was continuously purged with purified air. Outflow was sampled at 2 minutes intervals and the average of four measurements was used to calculate the CO excretion rate for the whole animal after a 30 min equilibration period. This is an established model for measuring CO production (Johnson et al. 2006, Vreman et al. 2005).

### 2.5. Blood pressure measurements

Rats were anesthetized with a single injection of thiobutabarbital sodium (120 mg/kg ip) and a tracheal tube was inserted to maintain an open airway. A catheter (PE-50 tubing filled with heparinized saline) was implanted into a carotid artery to measure mean arterial pressure (MAP)/heart rate (HR). The arterial catheter was connected to a pressure transducer (model TSD104A, Biopac Systems, Santa Barbara, CA, USA) and MAP/HR was recorded on a computer.

### 2.6. Measurement of diameter in isolated septal coronary artery

The septal coronary artery was isolated, removed and placed into a dish containing ice-cold Krebs buffer. It was allowed to equilibrate for 15 min. It was then transferred to a water-jacketed vessel chamber containing Krebs buffer at room temperature and two glass micropipettes filled with Krebs buffer. After the artery was mounted on the proximal micropipette and secured with a ligature, the lumen was flushed to remove residual blood and the other end of the artery was mounted on the distal micropipette (Sun et al. 1994). For internal diameter measurements, the vessel chamber was mounted on a stage of an inverted microscope (Nikon TS 100 F) fitted with a CCD video camera. Silicone tubing was used to connect the proximal micropipette to a pressure servocontroller (model/CH/200/Q, Living systems instrumentation, Burlington, VT, USA) and the distal pipette to a stopcock. Continuous nonrecirculating superfusion with Krebs buffer, bubbled with 95% O<sub>2</sub> -5% CO<sub>2</sub> was then started while the lumen was perfused. After several minutes of perfusion, the distal stopcock was closed and the intraluminal pressure was allowed to increase to 80 mm Hg (Kozma et al. 1999). After a 60 min stabilization period, the HO inhibitor, CrMP, the NOS substrate, L-Arginine or vehicle was included in the superfusion buffer, 20 min before the experiment. This treatment regime was continued throughout the experiment. After the pre-treatment period, increasing concentration of the endothelium dependent vasodilator ACh was added to the superfusion buffer. Each concentration was tested for 5 min; internal diameter was recorded every minute, and the average of the last two measurements was used to determine the response.

### 2.7. Plasma nitrite levels

Plasma nitrite levels were measured using a colorimetric assay kit (Cayman chemicals, Ann Arbor, MI, USA).

## 2.8. Western blot analysis

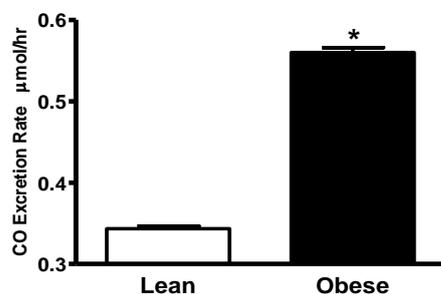
The tissue homogenates were assayed for arginase I protein by western blot analysis as previously described (Berkowitz et al. 2003).

## 2.9. Statistics

Data were expressed as mean  $\pm$  SE. Data were analyzed by repeated measure analysis of variance (ANOVA) followed by orthogonal contrast when appropriate (Sigma stat 3.0).  $P < 0.05$  was accepted as statistically significant. Bonferroni correction was employed in the final analysis of completed series ( $\alpha = 0.05$ ).

**Table 1:** Various metabolic parameters: Mean Arterial Pressure (MAP), Heart rate, carboxyhemoglobin and blood glucose of obese Zucker rats were higher than lean ZR (\* $P < 0.05$ ). Values are expressed as mean  $\pm$  SE.

| Variable              | Lean Zucker Rat | Obese Zucker Rat |
|-----------------------|-----------------|------------------|
| MAP (mmHg)            | 121 $\pm$ 4     | 154 $\pm$ 3*     |
| Heart Rate (bpm)      | 353 $\pm$ 10    | 386 $\pm$ 7      |
| HbCO%                 | 3.0 $\pm$ 0.1   | 3.9 $\pm$ 0.1*   |
| Blood Glucose (mg/dL) | 140 $\pm$ 3     | 186 $\pm$ 7*     |



**Fig. 2:** Respiratory Carbon monoxide excretion: Expired carbon monoxide was measured in obese and lean ZR. It was higher in awake obese ZR compared to the lean group (\* $P < 0.05$ ). Values are expressed as mean  $\pm$  SE.

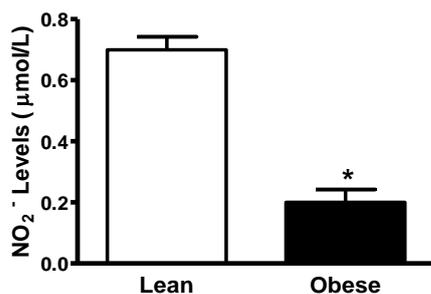
## 3. Results

### 3.1. Blood pressure and CO excretion with glucose measurements

Obese ZR had elevated blood pressures, HbCO (Table 1) and endogenous CO levels (Fig. 2) as compared to lean ZR. Non fasting blood glucose was higher in obese ZR compared to lean ZR (Table 1).

### 3.2. Body and organ weight measurement

Table 2 summarizes the body, kidney and heart weights of lean and obese ZR. Obese ZR had higher body weights, as well as kidney and heart weights, when compared with lean ZR. The characteristics of elevated blood pressure and increased body weight demonstrate that obese ZR is an excellent model to represent obesity and hypertension.



**Fig. 3:** Plasma nitrite levels: Nitrites are the breakdown products of nitric oxide. The nitrite levels in plasma are decreased in obese ZR (\* $P < 0.05$ ). Values are expressed as mean  $\pm$  SE.

**Table 2:** Physical Measurements of Lean and Obese ZR: Body, kidney and heart weights were higher in obese ZR as compared to lean ZR (\* $P < 0.05$ ). Values are expressed as mean  $\pm$  SE.

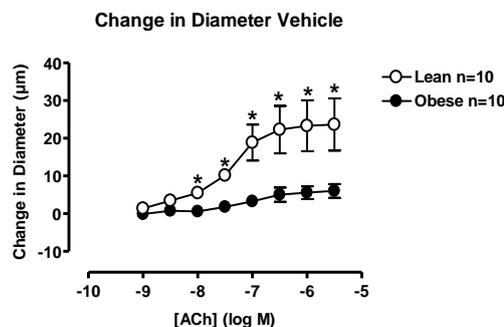
| Variable          | Lean Zucker Rat | Obese Zucker Rat |
|-------------------|-----------------|------------------|
| Body Weight (g)   | 309 $\pm$ 14    | 551 $\pm$ 13*    |
| Kidney Weight (g) | 1.03 $\pm$ 0.04 | 1.38 $\pm$ 0.04* |
| Heart Weight (g)  | 0.87 $\pm$ 0.08 | 1.15 $\pm$ 0.04* |

### 3.3. Plasma nitrite levels

There was a significant decrease in plasma nitrite levels in obese ZR as compared to lean ZR (Fig. 3).

### 3.4. Isolated pressurized septal coronary artery measurements

The septal coronary artery was isolated from obese and lean ZR. Obese ZR arteries had larger internal diameters. An endothelium-dependent vasodilator, ACh, promoted concentration-dependant vasodilation in arteries isolated from lean and obese ZR (Fig. 4). ACh induced vasodilation was greatly attenuated in obese ZR compared to the lean group (Fig. 4). Twenty minute pretreatment with the HO inhibitor, CrMP (Fig. 5), promoted no significant difference in diameters compared to that of vehicle (Fig. 4) in both groups.



**Fig. 4:** Vessel Diameter: Concentration dependent change in internal diameter of septal coronary arteries in response to the endothelium dependent vasodilator, ACh. ACh induced vasodilation was greatly attenuated in obese ZR compared with the lean group (\* $P < 0.05$ ). Values are expressed as mean  $\pm$  SE.

### 3.5. Aortic Arginase I expression and L-arginine pretreatment

The negative results from the CrMP studies lead to us to examine the alternate hypothesis that differences in endothelial function in obese ZR and lean ZR could be produced by elevations in arginase, which promotes a decrease in NO availability via a decrease in L-Arginine substrate (Fig. 1). From the western blot analysis, there was approximately a two fold increase in Arginase I expression in obese ZR than in lean ZR (Fig. 6). Acute *in vitro* pretreatment with L-arginine, common substrate for NOS and arginase (Fig. 1), enhanced the maximal responses in obese ZR arteries as compared to vehicle treatment (Fig. 7). Furthermore, acute *in vitro* pretreatment with L-arginine abolished the difference between the lean and obese groups (Fig. 8).

## 4. Discussion

It was previously documented that obese ZR have increased endogenous CO production, resulting in endothelial dysfunction and hypertension, which ultimately promotes metabolic syndrome (Johnson et al. 2006). Similarly, in the present study, we observed some of the common characteristics of metabolic syndrome namely, increased body weight, elevated blood glucose and hypertension.

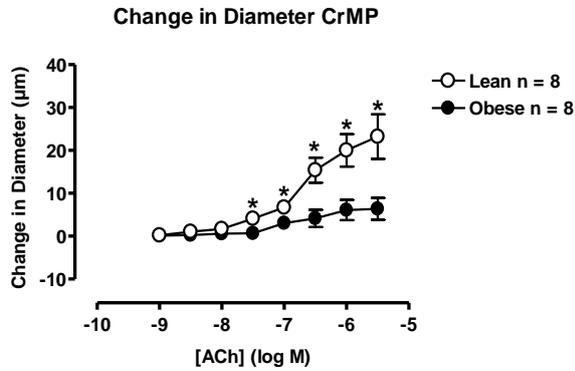
Emerging evidence demonstrates that increased HO-derived CO production may result in hypertension in obese ZR. It was previously reported that, in isolated gracilis muscle arterioles, exogenously and endogenously formed CO promoted endothelium-dependent vasoconstriction which attenuated NO mediated vasodilation leading to hypertension (Johnson & Johnson 2003). Given the established role of CO in peripheral arteries, the present study focused on the role of CO in the cardiovascular system wherein we tested the hypothesis that inhibition of CO restores coronary

arterial endothelial function in obese ZR. However in the present study, there were no significant changes in dilation of septal coronary arteries when treated with CrMP compared to vehicle. Thus it appears that the role of CO in controlling vascular tone is more prominent in periphery arteries than in the coronary arteries.

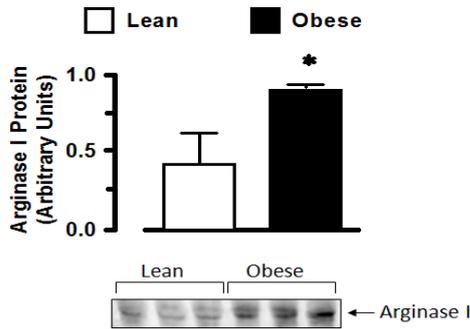
NO is an important mediator of endothelium dependent vasodilation, therefore NO plays a significant role in regulating vascular tone. It was observed that obese ZR have lower nitrite levels indicating the presence of lower nitric oxide concentration. This was in turn supported by the presence of higher arginase-I concentrations in obese ZR. As previously described, arginase reduces NO production from L-arginine by competing with NOS. Thus, suggesting that there is a decrease in NO bioavailability due to an increase in arginase competition for NOS.

Previously it was reported that low concentrations of CO promote vasodilation, on the other hand at physiological concentrations CO inhibited NOS in isolated renal resistance vessels (Johnson & Johnson 2003). It was also previously documented that, in isolated gracilis muscle arterioles, CO-induced vasoconstriction was abolished by L-arginine pretreatment suggesting the protective role of L-arginine. However, to examine the prominent role of NO in coronary vessels, we proposed an alternative hypothesis that L-arginine restores coronary arterial endothelial function in obese ZR.

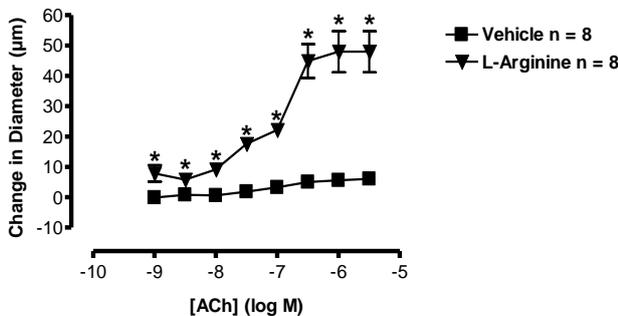
L-arginine is a semi essential amino acid, which plays a prominent role in numerous physiological processes. L-arginine acts as a common substrate for arginase as well as for NOS, which produces the signaling molecule NO. NO plays a significant role in various physiological processes which include decreasing vascular tone, endothelial cell death, extracellular matrix deposition, smooth muscle cell proliferation, platelet and leucocyte activation. NO deficiency results in various pathological disorders including hypertension, atherosclerosis, diabetes and ischemia-reperfusion injury (Durante et al. 2007). Various clinical studies suggested that L-arginine exhibits endocrine actions in regulating insulin sensitivity and vasodilator function. It was previously documented that *in vivo* L-arginine supplementation, enhances endothelial NOS (Kohi et al. 2004).



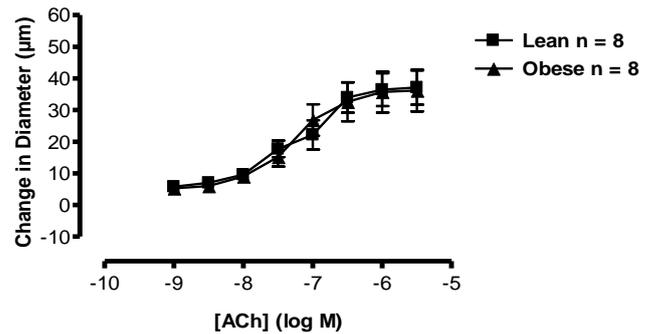
**Fig. 5:** Vessel Diameter: Concentration dependent change in internal diameter of septal coronary arteries in response to endothelium dependent vasodilator, ACh during pretreatment with an inhibitor of heme oxygenase, chromium mesoporphyrin (CrMP). ACh induced vasodilation was greatly attenuated in obese ZR compared with lean group. No significant difference was observed in CrMP treated and vehicle treated groups (\*P<0.05). Values are expressed as mean ± SE.



**Fig. 6:** Arginase I expression: Western blot analysis of Arginase 1 expression in coronary arteries. A significant increase in aortic arginase levels was observed in obese ZR compared to lean ZR (\*P<0.05). Values are expressed as mean ± SE.



**Fig. 7:** Vessel Diameter: Concentration dependent change in internal diameter of septal coronary arteries in response to endothelium dependent vasodilator, ACh and when treated with vehicle and L-arginine, substrate for nitric oxide in obese ZR. Vasodilation was observed in L-arginine treated group compared to vehicle treated (\*P<0.05). Values are expressed as mean ± SE.



**Fig. 8:** Vessel Diameter: Concentration dependent change in internal diameter of septal coronary arteries in response to endothelium dependent vasodilator, ACh during pretreatment with L-arginine, substrate for NOS. This treatment with L-arginine abolished the differences between lean and obese ZR.

In the present study, acute administration of L-arginine to isolated coronary arteries produced an increase in NO levels and abolished the vasodilatory differences between obese and lean ZR. In addition, long term administration of L-arginine also had a favorable effect on the endothelium (Cylwik et al. 2005).

In summary, we conclude that the coronary endothelial dysfunction observed in obese ZR could not be abolished via inhibition of HO. Consequently, L-arginine treatment could abolish the difference between lean and obese ZR. Thus presenting a chief role for

NO in maintaining the vascular tone in the cardiovascular system, unlike the periphery where CO appears to have a major role.

## Acknowledgements

The authors would like to sincerely thank Dr. Robert A. Johnson and Dr. Fruzsina K. Johnson for their assistance with the completion of this manuscript and for use of their laboratory equipment. This study was supported by research grants from LEQSF (2009-12)-RD-A-22.

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