

# The Influence of Corporate Governance on Financial Performance: Evidence from Global Markets

I. Katharaj <sup>1\*</sup>, Megha Jagga <sup>2</sup>, Hitesh Kalra <sup>3</sup>, Dr. Garima Srivastava <sup>4</sup>, Dr. Varsha Agarwal <sup>5</sup>,  
Dr. JyotiRanjan Das <sup>6</sup>, Dr.B. Bhavya <sup>7</sup>

<sup>1</sup> Assistant Professor, Department of Mechanical Engineering, Faculty of Engineering and Technology, JAIN  
(Deemed-to-be University), Ramanagara District, Karnataka, India

<sup>2</sup> Centre of Research Impact and Outcome, Chitkara University, Rajpura, Punjab, India

<sup>3</sup> Chitkara Centre for Research and Development, Chitkara University, Himachal Pradesh, India

<sup>4</sup> Assistant Professor, Business Management, Maharishi University of Information Technology, Uttar Pradesh, India

<sup>5</sup> Director, ISME, ATLAS SkillTech University, Mumbai, India

<sup>6</sup> Professor, Department of Management, Siksha 'O' Anusandhan (Deemed to be University), Bhubaneswar, Odisha, India

<sup>7</sup> Assistant Professor, Master of Business Administration, Sathyabama Institute of Science and Technology, Chennai,  
Tamil Nadu, India

\*Corresponding author E-mail: [kantharaj@jainuniversity.ac.in](mailto:kantharaj@jainuniversity.ac.in)

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## Abstract

Corporate governance significantly influences economic growth and financial market stability. There has been ongoing debate among scholars regarding the connections between corporate governance, market value, and company performance, leading to different findings. This study was a correlational study intended to investigate corporate governance practices and financial success with reference to agency theory and institutional theory. It tested several different dimensions of corporate governance, including CEO pay, ownership structure, board size, board independence, and the existence of board committees. As history shows, corporate governance models and philosophies are constantly evolving. One reason for this shift is the growing emphasis on profit over social responsibility, which often takes a backseat. Companies worldwide are now striving to weave governance into their corporate frameworks. With the rise of capitalism, corporations have gained significant power, leading governments to relinquish some control to their influence. Today, businesses stand as formidable institutions, manifesting in various forms, sizes, and capacities across the globe. Their governance practices have a profound impact on economies and the broader social landscape. Unfortunately, many companies have seen their market value decline, causing shareholders to lose confidence. Effective corporate governance is defined by legitimacy, accountability, and competence, all while upholding the law and respecting human rights in policy and delivery service. The Cadbury report simplifies the concept by illustrating how corporate governance oversees and regulates business operations.

**Keywords:** Corporate Governance; Financial Performance; Global Markets; Agency Theory; Businesses.

## 1. Introduction

An economy benefits when businesses have efficient corporate governance. It has a variety of effects on well-being, employment, poverty reduction, and economic growth and development. For example, it makes it easier for businesses to obtain outside funding, which promotes increased investment, expansion, and job creation. Through improved resource allocation and wealth-generating management, it also promotes operational performance. The general governance of the nation has an impact on the corporate governance of businesses. For a good system of governance in a country, the powers and responsibilities must be separated between the representative legislature with oversight capabilities, the competent and accountable executive branch, and an independent judiciary. Furthermore, the form of corporate governance difficulties is determined by the institutional framework and the overall growth of the nation, particularly the ownership structures that are now in place. Any nation's predictable, just, and efficient legal and judicial system is the cornerstone of good governance. Therefore, for businesses to contribute to a nation's economic development and growth, corporate governance structures that support their correct operation must be established. It helps to keep the economy running smoothly by lubricating the gears. Banks continue to hold a dominating role in the financial system and remain the primary source of credit for the majority of firms in developing nations (Aggarwal, 2013). In the money economy, they are also the primary depositories of savings for participants. Any developments in the banking industry have an impact on numerous stakeholders and the general investment climate. The nature and amount of credit are impacted by insufficient prudential requirements for bank governance or ineffective regulation of banks, which can destabilize the national economy. When it comes to moving money from the surplus to the deficit units, banks are crucial. The financial system is powered by them (Rossi et al., 2015). Their role as financial intermediaries makes their state extremely important to the overall health of the economy (Abdullah & Valentine,

2009; Ebrahimi et al., 2018). Thus, banks must have efficient corporate governance. Banks with sound corporate governance are better able to mobilize and allocate funds efficiently, increase capital formation, and spur productivity growth. Both for individual banks and for banking systems, it has an impact on their valuation, cost of capital, risk-taking, and financial crisis risks. Conversely, poor bank management has detrimental effects on economic growth and ripples across the economy (Ramesh & Jeyakarthic, 2023). True failed banks bring significant negative externalities to the economy during periods of financial crises. Banks' taking behavior is a core feature that makes it different from non-financial firms (Gitundu et al., 2016). They are usually suspected of taking excessive risks in their business course of action that might lead them to bankruptcy. Their systemic importance creates incentives to take more risks. A high level of risk-taking of banks may eventually lead to bankruptcy. Therefore, their governance is quite crucial from various stakeholders' perspectives due to the excessive risk taken by management of a banking firm (Madhani, 2017). In this sense, banks' corporate governance should be able to curb their excessive risk-taking and match managers' interests with those of shareholders, debt holders, and depositors (McColgan, 2001; Rahmani, 2016).

A bank with excellent governance is more likely to assess its investments thoroughly and maintain healthy risk profiles (Aguilera et al., 2021). The board of directors, employees, managers, investors, and others are all involved in the intricate framework of bank corporate governance. A thorough set of banking regulations and bank supervisors provides public control over their operations. How successfully a bank's performance will meet the needs of its shareholders and adhere to public goals depends on the relationship between all of these factors. Consequently, bank governance has Banks play a vital role in the external governance of other businesses (Chandran & Arulgeetha, 2016; Asqari & Shojaei, 2015).

Thus, increasing corporate governance in banks in particular ways could be a good strategy to improve corporate governance in general (Khan, 2011). Banks have corporate governance authority over businesses, particularly small businesses without direct access to financial markets (Ahmadi et al., 2021; Karthikeyan et al., 2024). When it comes to establishing and upholding the fundamentals of sound banking governance, central banks are essential (Ararat et al., 2021).

### 1.1 Objectives

- To research how corporate governance affects financial results.

### 1.2 Research Question

- How do company governance and financial performance in international markets relate to one another?
- Do businesses that have independent boards perform better financially than those that don't?
- Do businesses with dual CEOs and those without a dual CEO perform significantly differently financially??

## 2. Methodology

The information has been collected and analyzed. The structure of shareholders and other information required to implement the corporate governance variables are among the papers that make up the database, in addition to accounting records (Almashhadani & Almashhadani, 2022). We have utilized each company's website to generate a few corporate variables. For example, the implementation of laws and procedures that would address the shortcomings and gaps in laws that are pertinent to good governance. They also make sure that banks have proper organizational structures, that their executives and boards of directors have realistic plans for carrying out their duties, and that they have the necessary training and experience in banking and finance. Above all, they consistently work to enhance the regulatory and supervisory framework to promote competition among banking system units, since competition is a key element in motivating banks to embrace and implement good governance principles. Because banks organize and disperse society's savings, they are essential to growth and development. It is more crucial, particularly in emerging nations, where banks are a major source of outside funding for businesses. In this sense, the business sector will be encouraged to enhance its internal corporate governance procedures by banks' integration of corporate governance practices into the evaluation of credit risks related to the lending process. Because they are either direct investors or act as representatives for other investors, banks play significant roles in corporate governance. The corporate governance of banks is mirrored in the corporate governance of the companies to which they extend credit. When a company experiences bankruptcy or financial difficulties, banks, as creditors, may see their credit claim transform into an ownership stake. Conceptual Framework shown in Fig. 1.

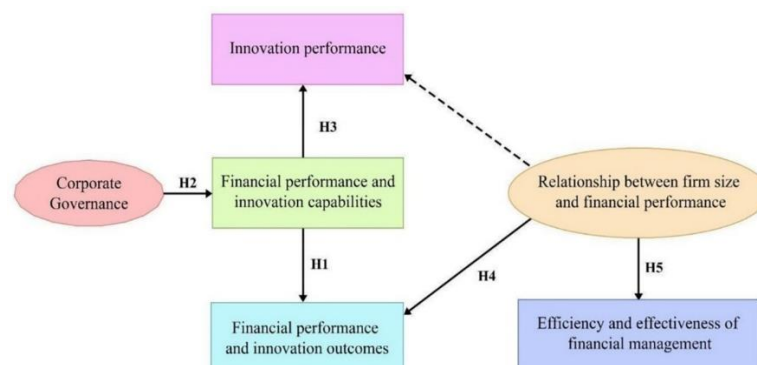
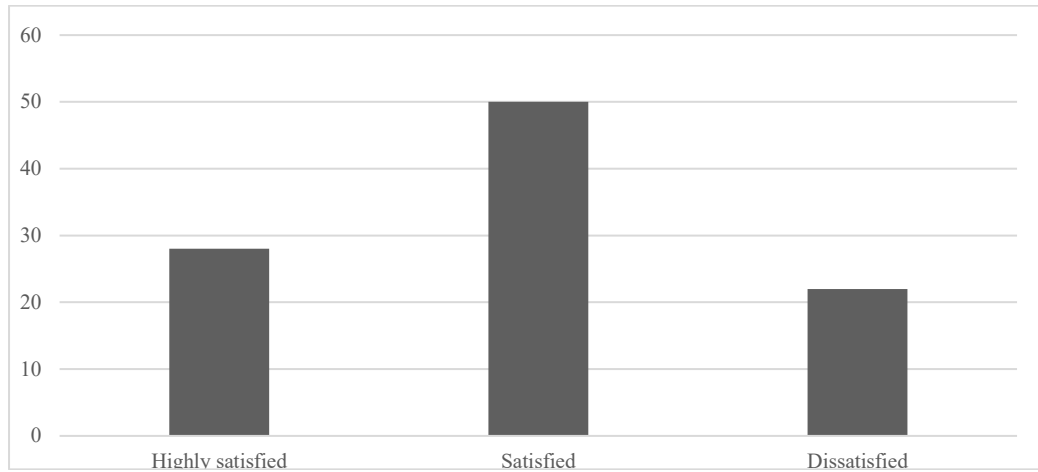


Fig. 1: Conceptual Framework

Furthermore, companies with a market capitalization below \$100 million, fewer than 500 employees, or those that are in bankruptcy or liquidation will not be included in the study. By applying these inclusion and exclusion criteria, the study aims to ensure a robust and representative sample of companies.

### 3. Statistical Measures

Corporate governance is being implemented through the codes as developed by the securities commissions (s), stock exchanges, investors and investor associations, and supranational organizations. Listing agreements are entered into between the companies planning to list their securities on an exchange and the respective stock exchange(s). The codes (as developed) are more flexible than the corporate law of the countries as applicable. Codes also extend the required flexibility necessary for the smooth functioning of a corporation. The procedure of amending the company law is drawn out and time-consuming. Financial Performance Satisfaction is shown in Fig. 2.



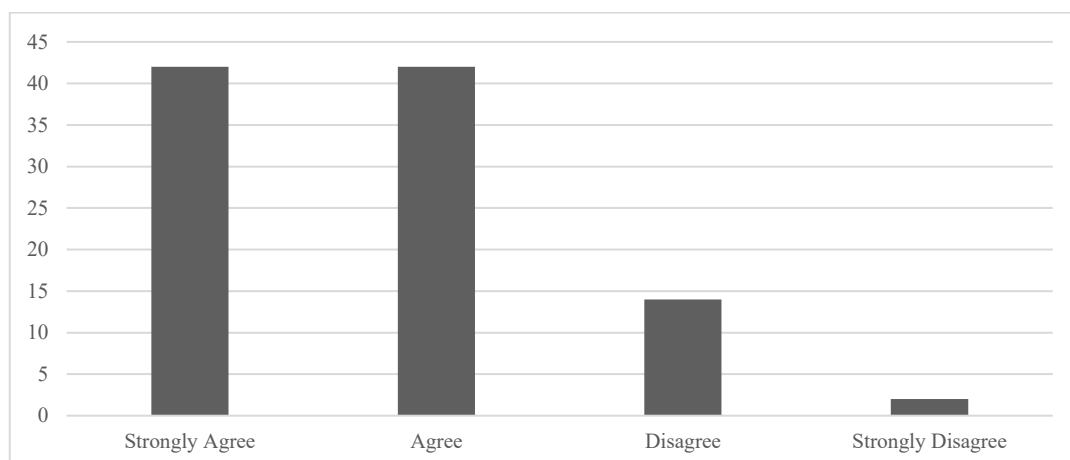
**Fig. 2:** Financial Performance Satisfaction (Source: Prepared by author)

Due to this, the regulators have ensured that good governance practices are introduced for the corporates through the route of listing agreements. Since the listing agreement can be amended easily, these agreements have been amended suitably to introduce the provisions of corporate governance. Codes being flexible can be amended as per the requirements, as compared to the law that requires a lengthy process for amendment. By amending the listing agreement, the corporate governance provisions can be implemented quickly and conveniently. Sample Statistics shown in Table 1.

**Table 1:** Sample Statistics

	N	Mean	Std. Deviation	Std. Error Mean
Understanding Shareholder Perceptions of Dividend Policy	50	7.945000	4.1624506	.5886594
corporate governance impacts financial performance	50	7.83664	4.145556	.576745
aspects of corporate governance	50	7.35663	4.46546	.557678
corporate governance structures	50	7.24637	4.46778	.578778
The relationship between corporate governance quality and firm financial performance	50	7.24355	4.687899	.583765

A corporation, being a legal entity, is regulated by various statutes to protect the interests of its diverse stakeholders. Timely disclosures and adherence to good governance practices are part of these initiatives that fill the gap between the enacted legislation. In addition to generating shareholder value, disclosures and governance guarantee the safety of a company's stakeholders. The Opportunities of Corporate Personality are Good / Not shown in Fig. 3.



**Fig. 3:** The Opportunities of Corporate Personality are Good / Not (Source: Prepared by author)

The three major characteristics of a corporate entity are its corporate personality, limited liability, and easy transferability of its shares. Everywhere company is a creation of statute designed to encourage and add momentum and continuity of power that the sophistication of modern economics requires. Sound corporate governance promotes long-term economic growth by enhancing company performance and increasing access to outside capital.

## 4. Conclusion

Corporate governance (CG) is the collection of rules, regulations, and procedures that control the management and operation of a business. Effective corporate governance lowers risk by making sure the company maintains appropriate internal controls and complies with pertinent laws and regulations. Using agency theory and institutional theory as a guide, this correlational study investigated the relationship between corporate governance and financial success. CEO compensation, ownership structure, board size, board independence, and the presence of board committees were among the various aspects of corporate governance that were put to the test. Corporate governance theories and models are always changing, as history demonstrates. The increased focus on profit above social responsibility, which frequently takes a backseat, is one factor contributing to this change. Today, businesses all around the world are working to integrate governance into their organizational structures. As capitalism has grown, companies have become increasingly powerful, and governments have had to cede some authority to their influence. Businesses are powerful institutions that exist today in a variety of shapes, sizes, and capacities throughout the world.

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